

# *Vicissitude Life Coaching Service*

## **Professional coaching, guidance & advice in:**

- Raising aspirations
- Setting goals for the future
- Increasing confidence
- Becoming assertive
- Recognising the importance of self-belief
- Developing effective communication skills
- Motivational speaking
- Leadership qualities
- Time management skills
- Presentation & image awareness
- Eliminating financial concerns

Individuals and groups welcome

## **For further information, please contact:**

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